

Vocabulary progression PSHE –
See all definitions on 1 Decision knowledge organisers

PSHE Topic	KS1				LKS2				UKS2			
	5-8 (Cycle A)		5-8 (Cycle B)		5-8 (Cycle A)		8-11 (Cycle B)		8-11 (Cycle A)		8-11 (Cycle B)	
Keeping and Staying Safe	<u>Road Safety</u> Community Discuss Choice Pedestrian Zebra crossing Pelican crossing Puffin crossing	Toucan crossing Avoid Situation Risk Safe Imaginary	<u>Tying Shoelaces</u> Laces Buckle Accident Velcro Unsafe		<u>Staying Safe – Windows</u> PCSO Appliances Dangerous Chemicals Warning Signs Pressured Permission		<u>Cycle Safety</u> Statement Opinion Fact Strategy Junction Cycle Safety		<u>Peer Pressure</u> Peer pressure Encourage Risk Risk assessment Support network		<u>Water Safety</u> Danger Consequences Water safety Water pollution Hidden currents Warning flags	
Keeping and Staying Healthy	<u>Washing Hands</u> Healthy Unhealthy Germs		<u>Healthy Eating / Brushing Teeth</u> Ingredients Energy Repair	Vitamins Natural Saturated fat Decay	<u>Medicine</u> Medicine Allergies Vaccination	Antibodies Research Immune System Doctors	<u>Healthy Living</u> Lifestyle Balanced diet Blood Pressure Carbohydrate	Saturated fat Vital organs Food chart Mind map Protein Calorie	<u>Smoking</u> Nicotine Addictive Illegal Tobacco e-cigarette	Respiratory system Cardiovascular disease Cigarette	Alcohol Alcohol Ethanol Legal age limit Alcohol poisoning	Fermentation Unit
Relationships (RSE)	<u>Friendships</u> Relationships Love Security Stability Disagree		<u>Bullying</u> Bullying Mean Describe	Teasing Threatening Advice Imagine Anti-bullying	<u>Discrete Touch</u> Communicate Situation Penis Testicles Vagina	Vulva Anus Private parts Appropriate						
Growing and Changing (RSE)							<u>Appropriate Touch</u> Nervous Scared Inappropriate Connection Civil partnership Marriage		<u>Puberty</u> Puberty Hormone Vagina Vulva Penis Testicles	Ovaries Anonymous question Fallopian tube bladder	<u>Conception</u> Conception Reproduction Consent Womb Urethra Fertilised	Conceived Caesarean Foreskin Cervix IVF
Being Responsible	<u>Water Spillages</u> Responsibility Responsible Accident Honesty Dishonest		<u>Practice Makes Perfect</u> Abilities Thoughtful Qualities	Manners Courteous Appropriately Self-respect Improve	<u>Stealing</u> Borrowing Stealing Consequence Irresponsible Responsible		<u>Coming Home on Time</u> Punctual Responsible Irresponsible Appointment		<u>Being responsible</u> Considerate Inconsiderate Isolation Loneliness Mental health		<u>Stealing</u> Consent Possession Stealing Responsible Irresponsible	Permission Trust borrowing
Feelings and emotions	<u>Jealousy</u> Recognising Loneliness Frustration Experience Jealousy		Anger Fidgety Annoyed Worried Control Trust	Anger Manage	<u>Greif</u> Greif Confusion Memory box		<u>Jealousy</u> Feelings Emotions Physical health Mental health Strategies		<u>Anger</u> Displeasure Hostility Annoyance		<u>Worry</u> Worry Anxious Troubled	Positive action Prepare for change Mindfulness strategies
Computer Safety	<u>Online Bullying</u> Online Positive Negative		<u>Image Sharing</u> Permission Opinion Rules Declaration		<u>Making Friends Online</u> Chatroom Report Reply Respond ChildLine		<u>Online Bullying</u> Online relationship Online bullying Offensive Insulting Posting False content	Insulting Rude Device Opinion Rumours	<u>Image sharing</u> Application Survey Kind action Image sharing Illegal		<u>Computer Safety</u> Application Pretending Age restriction Online activity Social media Password	

Our World	<u>Growing in our World</u> Planet World Environment Unique Common	<u>Living in our World</u> Humans Reproduce Protect	Wildlife Community Credit Card Spend Receive Save	<u>Looking After our World</u> Reduce Re-use Recycle Environment Carbon Footprint Carbon Dioxide Global Warming					
The Working World					<u>Chores at Home</u> Income tax VAT Contribution Self-motivation Apprenticeship Volunteer	HM revenue and customs Society Chore Independence Stereotype	<u>Enterprise</u> Enterprise Priority Fundraising	<u>In app purchases</u> Bank account Loan Tax Budget Comparison Fairtrade	Interest Debit card Credit card Wages Debt In-app purchase Gambling
Hazard Watch	<u>Is it safe to eat or drink?</u> Potential Sibling Community Hazard Danger	<u>Is it safe to play with?</u> Potential Sibling Community Hazard Danger		<u>Introduction to Breaking Down Barriers (discrete Y3)</u> Potential Sibling Community Hazard Danger					
A World Without Judgement					<u>Breaking down Barriers</u> Judgement Equality Diversity Disability Polite	Cohesion Barrier Attributes Similarities Differences Courteous Respectful	<u>Inclusion</u> Inclusion Acceptance Discrimination Unique Anti-social Hate crime	<u>British Values</u> Democracy Rule of law Individual liberty Values Cohesion Equal rights	Mutual respect Tolerance Faiths and beliefs Stereotype